



## From the Desk of the Administrator:

With great pleasure and pride I would like to announce that **MediLodge of Hillman is the recipient of the Bronze Award from the AHCA/NCAL National Quality Award Program for 2017.**

It takes commitment from all staff members from the bottom to the top to be able to earn this award. I want to personally thank each and every one of the staff at MediLodge of Hillman for their commitment to providing our residents with great care.

Following is a description of both the program and the award:

The AHCA/NCAL National Quality Award Program is a progressive, three-step process that encourages the continuous learning, development, and execution of integrated quality systems to achieve performance excellence. Each progressive step requires a more detailed and comprehensive demonstration of quality integration and performance. The criteria for each step is based on the Baldrige Performance Excellence Program.



*Bronze—Commitment to Quality Award—applicants that receive the Bronze Award are able to describe their mission, characteristics, and key challenges and to recognize the relationship of these factors to their ability to achieve performance improvement. The Bronze Award recognizes the provider for developing a foundation to begin a journey of continuous quality improvement, and does not necessarily correspond to any public measure of performance.*

Great job team on a job well done!

*Heather Gildner*  
Administrator

## ZENSATIONAL

WELLNESS AT MEDILODGE OF HILLMAN

zen+sa+tion+al noun /zen'sāSHənəl/

1. A state of mind and an active process where you join with MediLodge on your journey to Recover, Rejuvenate, Revitalize and Return Home.
2. A whole person wellness centered philosophy, experienced in a relaxed and soothing environment.

*"Life does not hurry, yet everything is accomplished."*

MediLodge's approach to zensational wellness is an active process in which each lodger and employee are encouraged to make choices toward personal growth in seven dimensions of zensational wellness: physical, social, emotional, spiritual, intellectual, occupational and vocational. The goal of our whole person wellness program is to recognize the unique individuality of every person at our Haven for Healing.



## Happy Anniversary to Our MediLodge Staff!

Thank you for your dedication!

### 31 Years

Ellen Miller 7/21  
Laundry Aide

### 13 Years

Brett Anderson 7/14  
Dietary Director

### 11 Years

Mary Marthaler 7/13  
CNA

### 10 Years

Sandra Wiley 7/30  
Dietary Manager

### 5 Years

Mickaila Smith 7/24  
CNA

Lori Burrone 7/11  
RN

### 4 Years

Elsa Evans 7/17  
Activity Aide

### 3 Years

Stefanie Funk 7/23  
CNA

### 1 Year

Gina Clozza 7/19  
Dietary Aide

## Resident of the Month: *Harold F.*

Harold F. was born on November 6th in Pontiac, MI. He grew up in Oxford, MI. He has two sisters; Linda and Kathy and one brother; Stuart. In high school he enjoyed playing football. After he finished high school, he joined the Army. He is a Vietnam Veteran. After he was wounded in the Army, he became a Painter/Handyman. He moved to this area after he retired. He traveled all over the world and spent a lot of his time in Mexico. Congratulations Harold!



## Activity Update

We recently celebrated National Nursing Home Week and we all had a lot of fun. We played a lot of games and ate lots of goodies. National Nursing Home Week was founded in 1967 by the American Healthcare Association and always begins on Mother's Day. It is a perfect time to celebrate the efforts of staff members who deliver quality care and make our residents feel right at home.

I can't wait for warmer weather, grilling out in the garden, bon fires, ice cream socials, 4th of July celebrations, and all of the other fun activities summer time brings for our residents here at MediLodge.

On July 10th at 2:00 we will be hosting a "Veteran's Story Circle", which will give our Veterans a chance to share stories with us about their service in the military.

That's all from me for now, I'll leave you with this quote in honor of the 4th of July, "**Land of the free, because of the brave.**"

*Krista Weiland, Activity Director*



# A Brief History of Cheesecake

You'd have to search back pretty far to find a time when the Earth was without cheesecake.

In fact, back in 776 BC, the Greeks are said to have served cheesecake to the athletes at the first Olympic games. The Romans soon caught on and spread the divine taste of cheesecake throughout Europe. From there it was only a matter of time before European immigrants brought their cherished cheesecake recipes to America.



It seems that every region of the globe has embraced cheesecake in one form or another, adapting the recipe to local tastes and adding local flavors.

In America, cheesecakes are typically made with a cream cheese base, but we even vary the recipe by region. New York cheesecake is famous for its ultra-smooth texture and decadently rich flavor—achieved by adding extra egg yolks and a hint of lemon. Other regional variations include Chicago-style and Pennsylvania Dutch. Many American bakers add sour cream for a creamy cheesecake that can be frozen without compromising taste or texture.

*With every imaginable flavor and topping, you'd be hard pressed to find a culture that doesn't – or didn't – enjoy a good cheesecake!*



## Employee of the Month: Lisa Spencer

A well-deserved award! A person that is a pleasure to work with and a tribute to MediLodge of Hillman.

Lisa Spencer has been with us since 2004 as a CNA and is an amazing member of our staff. To look at Lisa is to know that she loves her job, her residents and that she excels in all that she does. Her forte is definitely her love of other people. She is brilliant in all levels of dementia care, is devoted to doing quality work that is difficult to teach. We are fortunate to have Lisa. A lady of phenomenal talents and a wonderful mother. She has a creative sense in the kitchen and the crafting and sewing world has nothing over on her. Please join us in thanking Lisa for a job well done and for being Employee of the Month!

## Red, White and Blue Cheesecake

Celebrate National Cheesecake Day on July 30!

### Ingredients:

- + Crust
- + 28 chocolate wafers
- + 1/2 cup (1 stick) unsalted butter, melted

### Filling:

- + 32 ounces cream cheese, softened
- + 1 1/2 cups granulated sugar
- + 2 tablespoons all-purpose flour
- + 5 large eggs
- + 1/2 cup sour cream
- + 1 teaspoon freshly grated orange zest
- + 1 teaspoon freshly grated lemon zest
- + 1/2 teaspoon salt
- + 1 1/2 teaspoons vanilla extract
- + About 1 1/2 cups raspberries
- + About 1 1/2 cups blueberries

### Directions:

1. Grind wafers fine in a blender or food processor (about 1 1/2 cups crumbs).
2. Stir together cookie crumbs and butter. Pat the mixture onto the bottom and 1/2 inch up the side of a 9 1/2-inch pan. Chill the crust for 30 minutes.
3. Preheat the oven to 325°.
4. Beat cream cheese until it is light and fluffy. Add sugar gradually.
5. Beat in flour; add eggs, beating well after each addition. Beat in sour cream, zests, salt and vanilla extract.
6. Pour the filling into the crust and bake the cheesecake in a foil-lined shallow baking pan in the middle of the oven for 1 hour and 10 minutes.
7. Turn the oven off and let the cheesecake stand in the oven with the oven door propped until it is cooled completely.
8. Arrange the raspberries on top of the cheesecake in a star shape and arrange the blueberries around the star to cover the top of the cheesecake.



631 Caring Street  
Hillman, MI 49746  
P: 989.742.4581

[www.medilodgeofhillman.com](http://www.medilodgeofhillman.com)

 [www.facebook.com/medilodge](http://www.facebook.com/medilodge)

## Your Friendly Staff

*Administrator* Heather Gildner  
*Accounts Receivable* Valerie High  
*Activity Dir.* Krista Weiland  
*Admissions* Chaley Crawford  
*Asst. Director of Nursing* Karen Zolnierek  
*Dietary* Brett Anderson  
*Director of Nursing* Teresa Schram  
*Hskg./Laundry* Jeff Burger  
*Maintenance* Johnathan Woods  
*MDS* Karen Fields  
*Nurse Manager* Ken Krauss  
*Nurse Manager* Connie Wolfe  
*Office Manager* Robin Chinavare  
*Social Service Dir.* Joanne James-Schalk  
*Therapy* Kasey Shiffer

## July – Word Search

Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. (No backwards.) Good luck!

I	Z	F	J	R	O	U	P	W	F	M	H	K	F	R
K	F	I	G	I	T	C	E	B	K	U	J	C	R	X
G	I	N	A	K	F	H	V	C	I	S	N	E	E	E
A	N	D	M	H	Y	E	L	F	R	T	K	L	E	S
S	J	E	E	Y	J	E	Z	O	H	A	E	E	D	X
K	T	P	S	D	F	S	W	U	O	R	T	B	O	F
J	I	E	P	R	Q	E	A	R	T	D	C	R	M	I
D	E	N	I	A	O	C	T	T	D	Z	H	A	U	R
K	K	D	C	T	F	A	E	H	O	U	U	T	A	E
J	L	E	N	I	Z	K	R	O	G	M	P	E	Z	W
F	U	N	I	O	R	E	W	F	S	E	Y	Y	V	O
A	N	C	C	N	S	J	E	J	F	L	A	G	P	R
A	O	E	Y	N	U	A	I	U	U	N	N	S	U	K
R	R	E	L	I	S	H	J	L	Z	Y	J	K	K	S
Q	T	G	U	W	B	U	R	Y	A	N	K	J	W	V

- Word List**
- CELEBRATE**
  - CHEESECAKE**
  - FIREWORKS**
  - FLAG**
  - FOURTH OF JULY**
  - FREEDOM**
  - GAMES**
  - HOT DOGS**
  - HYDRATION**
  - INDEPENDENCE**
  - KETCHUP**
  - MUSTARD**
  - PICNIC**
  - RELISH**
  - WATER**

