

## Celebrating Fathers Everywhere On Sunday, June 18<sup>th</sup>

*The worldwide celebration of Father's Day is made to honor all the fathers who have given strength, support, and love to their children. This informal holiday complements Mother's Day, and is celebrated on the third Sunday of June.*

It is also a special day of the year where paternal bonds, fatherhood, and their influence in society are recognized. This special occasion is a way to show gratitude to fathers for all their support and love.



Different countries have different ways to celebrate Father's Day. In Australia, the special day is celebrated on the first day of September instead of the usual third Sunday of June. New Zealand marks the occasion with enthusiasm and charm during the first Sunday of September. In Ireland, Father's Day happens on the third Sunday of June, the same as the date of celebration in several countries. People in South Africa honor their fathers on this occasion, which is celebrated on the third Sunday of June, by presenting their fathers with gifts.

It is remarkable to know that despite being a relatively new holiday, the observance of Father's Day in India has been largely acknowledged. Some cultural societies and schools in the country organize a program for the

occasion in order to inspire children to respect their fathers. On the other hand, the British make the special day memorable by giving handmade gifts to their fathers. In addition, Canada celebrates the occasion on the third Sunday of June by having lots of fanfare. Canadians also use roses to show their gratitude to their fathers.

In the U.S., the occasion is celebrated on the third Sunday of June. Americans reflect on the significant contribution of fathers in shaping the character of their children, as well as to the whole development of the nation. Americans also appreciate their foster fathers, uncles, and stepfathers on this day. The commercialization has a positive side such as raising awareness about the need to motivate children to appreciate their father on this day.

## ZENSATIONAL

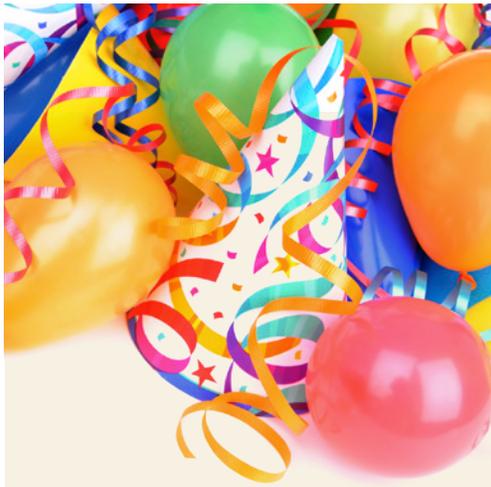
WELLNESS AT MEDILODGE OF HILLMAN

zen•sa•tion•al noun /zen'sāSHənəl/

1. A state of mind and an active process where you join with MediLodge on your journey to Recover, Rejuvenate, Revitalize and Return Home.
2. A whole person wellness centered philosophy, experienced in a relaxed and soothing environment.

*"Life does not hurry, yet everything is accomplished."*

MediLodge's approach to zensational wellness is an active process in which each lodger and employee are encouraged to make choices toward personal growth in seven dimensions of zensational wellness: physical, social, emotional, spiritual, intellectual, occupational and vocational. The goal of our whole person wellness program is to recognize the unique individuality of every person at our Haven for Healing.



## Happy Anniversary to Our MediLodge Staff!

Thank you for your dedication!

### 18 Years

Sharon Sinclair                      6/9  
CNA

### 16 Years

Alan Noggle                              6/19  
IT & Housekeeping

### 12 Years

Krista Weiland                              6/6  
Activity Director

### 11 Years

Denise Johnson                              6/7  
CNA & Housekeeping

### 2 Years

Theresa Herman                              6/11  
Dietary Cook

## Resident of the Month: *Katie S.*

Catherine prefers to be called Katie. She was born on March 22nd, 1927 and grew up in Rogers City, MI, where she resided and raised her family. After finishing school, she married her high school sweetheart, Howard. They had two daughters, Pat and Carol. She has many grandchildren and great-grandchildren. Their names are; Lynn, Paula, Cristin, Brian, Melissa, Max, Connor, Evie, Anaelise, Anna & Elise. She and her family camped every summer all over Northern MI. She also traveled to many places including Mexico, the Bahamas, and Florida. She worked for the Rogers City movie theater, JCPenney's, and Rogers City Marine Supply. Her hobbies included gardening, volunteering, and helping others. She volunteered at Tendercare in Rogers City calling Bingo among other things for 30 years! Katie was also very active at her church. She was a member of the Daughters of Isabella and Rosary Society. Katie is always willing to help others and such a positive, joyful woman to be around. We are so glad to have her as a part of our MediLodge family.



## Nursing News

My name is Karen Zolnierrek. I have accepted the Assistant Director of Nursing position here at MediLodge of Hillman. I am very excited and am glad to be a part of this working team.

I graduated as an RN in 1996. I have worked at Tendercare in Alpena and Rogers City. I also worked at the hospital for 20 years. I enjoy camping, bike riding, walking, kayaking and swimming.

*Karen Zolnierrek RN, ADON*

# Nursing News

I am ready to celebrate my 21st year here at MediLodge of Hillman. My job descriptions have changed, co-workers come and go, resident's implant memories, and family members feel more and more like bio-family all the time. Out in the community I run into people with lots of wonderful stories and their history of involvement. MediLodge of Hillman is a happening place and I am proud to help lead this building into rainbows, kittens, and unicorns.

We have several military vets in our facility. I take great pride in making eye contact, shaking their hands, and taking some time with them every day. It's not a job to me. It is an honor. I catch thrill at being able to walk and talk, and get to know how I can better help them in their day. We have a veterans here that hadn't walked in many years. We have vets here that we have taken from bed ridden to walking. I got lots of stories.

I don't want to leave the impression that vets get special treatment. Not true. We get lots of people up and moving. It's what we do. In the summer time we like to do crazy things like squirt gun fights, dancing, and I might have even snuck off to watch a ball game with the residents. I feel so blessed that God led me to the path to this particular nursing center. I got a few more years left in me and I hope I can make that wonderful connection with you and yours.

*Ken Krauss LPN, Nurse Manager*



## Employee of the Month: *Vivian Armon*

I have the great news that a Dietary staff has been nominated for the Employee of the Month! Vivian Armon, Dietary Aide, has been a trusted asset to our Dietary Department. She has a

wonderful personality, work ethic and has an above standard attendance record. Vivian is a team player, often helping out other team members to get the job done! She loves her family, the outdoors and our community. It has been a pure pleasure having Vivian as a Dietary team member – Great Job Vivian!

# Flag Day

The historic tale of Betsy Ross painstakingly sewing the first American flag is widely known. However, many of the details of that extraordinary event along with the circumstances leading up to it are not as well known. The colonies had adopted several flags as a representation of their new American beliefs. The "Don't Tread on Me" version incorporated red and white stripes with a snake across it. Washington raised this at Prospect Hill. The Loyalists misinterpreted the emblem as a sign of defeat.

The confusion prompted General George Washington, Colonel George Ross, and Robert Morris, along with other key members of the Congressional Committee, to enlist the aid of Mrs. Ross. At the time Betsy Ross was running an upholstery business. She had completed several assignments for General Washington, and he was familiar with her work, as well as being a personal friend. They provided her with a crude drawing of the appointed American flag and commissioned her to complete the work. She began the assignment in early May and completed the job in late May or early June.





# MEDILODGE OF HILLMAN

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[www.facebook.com/medilodge](http://www.facebook.com/medilodge)

## Your Friendly Staff

Administrator	Heather Gildner
Accounts Receivable	Valerie High
Activity Dir.	Krista Weiland
Admissions	Chaley Crawford
Asst. Director of Nursing	Karen Zolnierek
Dietary	Brett Anderson
Director of Nursing	Teresa Schram
Hskg./Laundry	Jeff Burger
Maintenance	Johnathan Woods
MDS	Karen Fields
Nurse Manager	Ken Krauss
Nurse Manager	Connie Wolfe
Office Manager	Robin Chinavare
Social Service Dir.	Joanne James-Schalk
Therapy	Kasey Shiffer

## June – Word Search

Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. (No backwards.) Good luck!

N	V	G	I	H	Y	D	R	A	T	E	N	S	T	L
I	I	F	A	T	H	E	R	V	M	H	K	L	X	U
O	F	F	Y	R	M	S	D	A	D	V	R	I	J	H
F	B	E	T	S	Y	R	O	S	S	J	K	M	W	E
S	S	A	O	X	R	F	M	E	M	O	R	Y	K	A
B	K	J	K	P	S	O	L	R	R	X	A	T	D	L
M	R	T	L	S	R	J	Q	I	B	A	F	D	L	T
Y	E	E	P	K	U	O	J	I	P	S	C	L	I	H
O	W	N	A	I	R	M	S	B	D	F	Q	O	A	R
A	Z	A	O	C	C	I	M	T	U	T	L	A	Z	G
C	M	S	U	N	I	N	N	E	A	P	Z	O	S	S
J	E	Y	E	O	X	Q	I	N	R	T	I	Z	P	T
Z	A	R	O	A	I	I	B	C	F	F	E	Z	H	C
Q	H	K	A	G	G	S	X	U	O	E	E	G	L	I
G	L	P	G	R	A	N	D	P	A	N	I	W	I	N

- Word List**
- BETSY ROSS
  - DAD
  - FATHER
  - FLAG
  - FLIP FLOP
  - GRANDPA
  - HEALTH
  - HYDRATE
  - MEMORY
  - MEN
  - PICNIC
  - PROSTATE
  - SUMMER
  - SUN
  - YOGA

